

Brain Disorders Treatment using Electropathy



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ABSTRACT

This document gives a brief review about various treatments for brain disorders using Italian research popularly known as Electropathy or Electro Homeopathy. Most popular diseases existing in the world which are Autism, ADHD, Speech Disorder, and Cerebral Palsy have no treatment in any kind of medical practice includes mainly allopathy, unani, ayurvedic, homeopathy. But using Electropathy it become possible from several years and put great impact on the treatment and its cure.

Keywords —Brain Disorder, Speech Disorder, Autism, ADHD, Cerebral Palsy, Electropathy, Natural Remedies

I. INTRODUCTION

There are some severe and incurable diseases across the world such as brain disorders which mainly include Autism, ADHD, Cerebral Palsy and Speech Disorder. All medical systems (Pathy's) consider them to be untreated. At present, only Therapy and Training based methods are used to cure these types of diseases.

Till date, no solid evidence has come across to cure the disease, due to which not only the patients but also the Guardians (Parents) are deeply affected. Families also feels helpless and emotionally drained leading to sense of despair as they are struggling to connect with society and loved ones.

As the children are grown up, the anxiety disorders also increases due to, greater responsibility, social media and technology, family and environmental stress. This is growing concern not only in India but globally, it has taken a terrible form. This is becoming dangerous for humanity day by day. Parents and organizations are working hard to research and help patients with these types of disorders.

Bio Medical Science has yet to develop for the effective treatment for these conditions. Many professionals working in the field of Autism, ADHD, Speech Disorder and Cerebral palsy (CP) provide therapy and training sessions, which requires investment in time and money for both patients and professionals. Many organizations working under these situations are focusing more on fundraising than delivering actual progress. These organizations taking benefit of the situation where no treatment is found for these kind brain related diseases.

Our organization primarily focus on helping families of children having ADHD, providing guidance and special treatment to these children, rather than fundraising. We make them confident for not losing the hope as they are not alone having with this

problem as many others are also facing the same pain across the world. Our organization is beside them and we try our best by giving treatment to their child. While therapy offers significant benefits for children it can cause financial burdens and emotional strain for parents, however, 1-2 hours of therapy sessions given by staff provides parents to take rest properly. Those organizations and their team are with parents throughout life. The government or WHO instructions are also useful for our society. However, there is no permanent solution for these growing problems.

It is surprising that such a big problem which is getting bigger day by day. No one has tried to find a permanent solution. I, Dr. Jaswinder Singh, have been practicing for the last 30 years on Electropathy and natural remedies which is now referred as Biopathy also which is the combination of Electropathy and Ayurvedic Natural Remedies.

I believe that human nutrition should be vegetarian. The treatment is done by plant based methods. One such natural remedy is Sphytoessencean extract derived from plants and flowers which is chemical-free, has no side effects and cure all diseases. However, it is important to approach such a qualified and professional doctor regarding any health concern, especially in complex conditions like autism. Natural remedies using during the treatment are safe and effective which is beneficial for the treatment of ADHD patients.

II. LITERATURE REVIEW

III. RESEARCH PAPER 1 – PSYCHIATRIC MORBIDITY AMONG PRIMARY CAREGIVERS OF CHILDREN WITH NEURO DEVELOPMENTAL DISORDERS AT A TEACHING HOSPITAL IN KENYA.

Summary: According to World Health Organization (WHO) 25% of people globally may have neurological disorder and 10 - 20 percent of children and teens have psychiatric issues, including neuro developmental disorder. These numbers are rising exponentially, in recent years. Around 15 - 20

percent of these children have disabilities. Most of these children live in developing countries. This shows how the important role of the primary caregiver who is taking care of these children.

Taking care of a child having NDD can be emotionally and physically difficult for primary caregiver, who is often parent or close family member. Many of them face issues such as stress, lack of sleep, feel isolated and financial problems. These challenges can lead to mental health problems like depression and anxiety.

In Africa, the mental health of primary caregivers is a growing concern. Studies have shown that large number of caregivers is affected. In Ethiopia, over 57 percent of caregivers suffer depression. In Ghana around 56 percent have depression and 66 percent suffer from anxiety. In South Africa, caregivers also face problems like stigma, burnout and poor quality of life style which increase their risk of mental state illness.

In Kenya there is no clear data about mental health of caregivers of children with NDD. Understanding these issues will help in creating program to support caregivers. Older caregivers, those having no family and support or those with family history of mental illness are at high risk of psychiatric problems.

Research paper 2- The views and knowledge of parents of children with autism spectrum disorder on a range of treatments.

Summary: Autism Spectrum Disorder (ASD) is a serious lifelong neurological condition with no cure and not universally accepted treatment. The symptoms may vary widely among children for making essential treatment plans. Parents play a vital role in selecting, implementing and evaluating treatments alongside healthcare professionals. They need accurate evidence based information to make decisions.

Developmental treatments focus on impairments, family involvements and natural settings. Behavioural treatment aim to improve communication and social skills through structured learning. Some parents have knowledge of available treatments but reported barriers such as high costs, lack of skilled professionals and limited access. Many felt that healthcare providers do not involve in them or offer enough guidance. Despite these many parents had a positive relationship with healthcare professionals and found speech language therapy to be the most effective treatment.

Healthcare professionals should recognize the use of multiple treatment types and consider family

background, culture, language and internet access. Ongoing training is essential to ensure that doctors stay updated on the latest evidence based interventions for ASD.

Research Paper 3- Assessment of the Knowledge, Perception and Attitude of Parents towards children with Attention Deficit Hyperactivity Disorder (ADHD)

Summary: Attention Deficit Hyperactivity Disorder or popularly known as ADHD is common mental health condition in children and adults. It has common symptoms such as hyperactivity, impulsivity and lack of concentration. These symptoms affect child's ability to function well at home, in school and socially. ADHD is divided into three types inattentive, hyperactive-impulsive and combined. The combined type is the most common that shows both attention and hyperactivity problems.

ADHD often comes with other challenges and may have genetic factors. Boys are more likely to have ADHD than girls and if parents are having this problem their child is more likely to have it too. If this disorder is not diagnosed or treated early, children may face learning problems, family issues and risk of dropping out of school.

Some parents have negative views and attitude towards ADHD which make it harder for children to get help they need. Parents with good knowledge and a positive behaviour towards children can help their children to succeed. They should seek professionals like therapist or ADHD doctor for best treatment of their child. It is important for parents to understand condition well.

In Nigeria, more awareness and research are needed to understand how ADHD affects children. The government should strengthen healthcare services to help identify and support children with this disorder early. Non profit organizations such as CHADD and National Resource Centre on ADHD also provide support and resources for families dealing with ADHD.

Research paper 4- Association of harsh physical and behavioural health problems among pre-school children in Ethiopia

Summary: Physical and mental punishments used to discipline children are considered as child abuse. In Ethiopia, harsh discipline is widely accepted as a traditional way to teach children proper behaviour even though it can cause harm to them.

Ethiopia has agreed to international laws protecting children from cruel treatment. However, physical

punishment is still common. A study over 1100 preschool children found that more than half had experienced harsh physical discipline. This includes actions like hitting or yelling which can hurt a child physically and emotionally.

Discipline is important for healthy child development when done with love and care. Without discipline children may lack social skills, self control and respect for others. Harsh punishments can lead to serious problems such as anxiety, depression, drug abuse and violent behaviour later in life. It can also affect child's thinking ability and school performance.

Children who are not physically punished show better cognitive growth. In Ethiopia, there is limited awareness about long-term harm caused by physical punishment. Many families still believe that it is necessary. For this problem the government needs to take action to reduce the use of harsh discipline and promote positive parenting. Raising awareness about the negative effects of physical punishment is important to protect children's mental health and support development in Ethiopia.

Research Paper 5- Scheduling of methylphenidate: Preventing misuse or impeding ADHD treatment adherence

Summary: Medication adherence is very important for successfully managing ADHD, but many people do not take their medications regularly. This is major issue because taking medication properly is one of the easiest ways to improve treatment success. Patients who are not taking medicine can affect their emotional, social and financial well being.

In South Africa, the most common medication for ADHD is methylphenidate (MPH) which is controlled as a drug. It is highly restricted substance, with monthly prescription and has limited supply which makes it harder for patients to access and afford.

This study looked at how strict regulations on MPH may affect access to treatment and medication use. It is found that the current strict controls might not actually stop misuse but instead make it harder for people with ADHD to get the help they need. Many doctors, pharmacists and caregivers felt that current laws make it harder for patients to stay on treatment and do not effectively stop the misuse of MPH.

They suggest possible solutions like rethinking the scheduling of MPH, educating healthcare providers and using technology to monitor prescriptions.

Their study recommends more research to understand how culture and region affect ADHD treatment in South Africa. Overall, a well balanced and well informed approach is needed to improve ADHD care and medication use.

Research paper 6- The effectiveness of social story intervention presented with the orff approach in acquisition of musical skills by developmentally disabled children

Summary: Developmental disabilities (DD) include autism spectrum disorder, speech and language disorders, physical disabilities and ADHD. UNESCO explains inclusion as creating learning environment that welcome all children which adapt teaching methods and reduce exclusion. The main goal is to provide equal educational opportunities for all students including those with disabilities.

Quality education and proper teaching strategies are very important for children with DD. Social stories created by Carol Gray are short, simple stories that explain daily routines, social situations and expected behaviours. They are commonly used with autistic children to improve learning and behaviour.

Music education is also beneficial for children with DD. The Orff approach developed by Carl Orff encourages learning through singing, playing instruments and movement. It is adaptable to different learning needs and helps children to develop both musical and social skills. The Orff method respects each child's individuality and encourages group participation in classrooms. Music education supports the overall development of children with DD but many teachers are not well prepared to teach these students. They often lack training in special education and create individualized education programs. More research is needed to explore how social stories can be used in music education to teach specific skills to the children having DD.

It is also suggested to study other teaching strategies and to develop a guidebook to help music teacher's support inclusive learning. Successful education depends on teachers being flexible, responsive and creative in their teaching methods.

III. SYMPTOMS OF AUTISM, ADHD, SPEECH DISORDER AND CEREBRAL PALSY

The symptoms of Autism, ADHD, Speech Disorder and CP vary in different situations in some children. They often do not respond when called by name, they just remain absorbed in their own fun. They keep ticking in one place or sometimes they respond very little by calling out very loudly and repeatedly.

This often leads parents to suspect a hearing issue and seeking hearing test, but test often come normal, causing confusion to the parents.

Such children do not pay attention at all, concentration is very poor, and show intense interest in moving objects like: -wheel of bus, Fan, Bike wheel or sometimes football, ball or other things that are moving with speed, or standing at one place, struggling with eating and feeding routines.

These symptoms represent complex brain disorders that affect their communication, sensory processing and behaviour in the ADHD children. Patients having ADHD disorder need an individual support and understanding that help them in focusing on tasks, interacting with people, communication skills and emotional response in different situations.

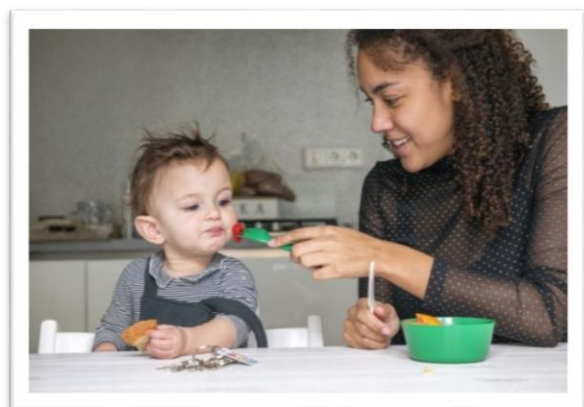


Fig: Brain Disorder Patient

Feeding can also be a challenge for growth in children. Parents manage feeding times on their own to ensure child eats enough. Children respond poorly to hunger/thirst cues. Many children are not aware about stool, urine, whether they are 4-5 years old up to 20-25 years old sometimes. They need parental guidance for their basic hygiene. They avoid eye contact, ignore when spoken to, and are highly selective eaters and sometimes not swallowing properly.

This can cause a lot of stress for the people taking care of these kind of children suffering from brain disorders. To help these patients who are having eating problem and hygienic issue, professionals like therapist or feeding specialist are best for treatment of ADHD disorder.

Constipation is another common issue affecting 70 – 80 percent of children with autism. Many of them struggle with regular bowel movements and some of them experience severe constipation which can cause impact in their behaviour, eating pattern and well-being.

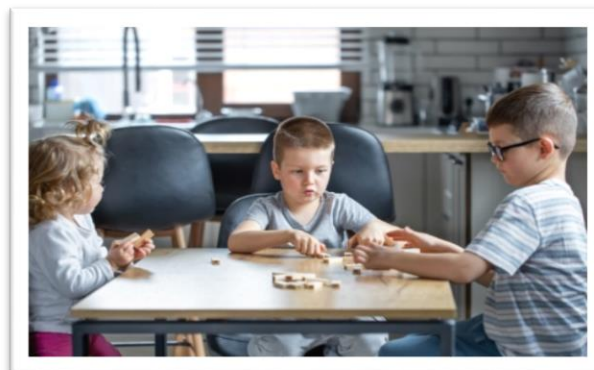


Fig: Behavioural issues for Brain Disorder patients

Also repetitive physical behaviour is quite common in some children. Many children have a habit of moving their hands and feet or have a habit of hand flapping and actions like repeatedly turning lights or fans on and off are common. For example, a patient named Agamveer keeps turning lights or fans on and off repeatedly.

These repetitions are referred to as repetitive abnormal behaviour. By doing these repetitive actions it helps them calm down or understand what they want to say. These actions give their body and mind to organize them when they are feeling confusing.

Autistic children often don't look "special" but may frequently touch their faces, ears or eyes. Excessive sweating can also be seen in some patients. They sweat a lot, particularly from the neck, forehead and behind the ears and in the head, even while sleeping in both summers and winters.

Teeth grinding is another observed behaviour. These children also grind their teeth during sleep, due to headache or feeling pressure in head. Some children who are unable to express their thoughts might grind their teeth.

IV.AUTISM:

Autism, also known as Autism Spectrum Disorder, is a developmental condition that affects how person thinks, communicates, behaves and interacts with others. This problem can be usually seen in children and they develop differently than other children. Children having autism may avoid eye contact, have less interest in playing with others and they only talk to themselves. They may also repeat certain actions or words over and over.



Fig: Brain Disorder Type – Autism

Signs and symptoms of Autism

Autism usually appears in early childhood. Common signs of autism include:

- Difficulty interacting with people, such as making eye contact and understanding language of other people.
- Repetitive behaviours like hand flapping and repeating words or phrases.
- They prefer to stay alone.
- Strong interest in specific topics or activities.
- They don't like loud noises, bright lights or being touched.

Each person with autism is different as some children have strong skills in maths, music, art while others have difficulty with basic communication. There are some common types of autism in children which include trouble in social interaction with people around them, delayed speech, repeating words and are selective in eating food. Doctors and scientists do not know the exact cause of autism, but they believe it is due to difference in brain. Autism may run in families which mean genes can play a major role. No one is to be blamed for this disorder.

Autism can be diagnosed by doctor or a team of specialist who are professionally skilled for the treatment of autistic children. There is no medical test for autism as it can be only observed by child's behaviour and development. It is essential to provide early diagnosis and the right support to cure patients having autism. Different types of treatments and therapies can help improve communication skills, learning and social skills. Family support, understanding and community acceptance are also very important for treatment of patients with autism.

Autism is not a disease; it is just a different way of experiencing the world. By being kind and patient towards the autistic children we can help them build a world where they can be valued. With love, support and respect for people having autism can help them to achieve great things and live their life happily. Most importantly, people having this type

of disorder deserve the same respect and opportunities as everyone else.

V. ADHD: ATTENTION DEFICIT HYPERACTIVITY DISORDER

Children with ADHD are extremely hyperactive. They are also described as super hyperactive. These children are so energetic that constant supervision is needed by their parents.

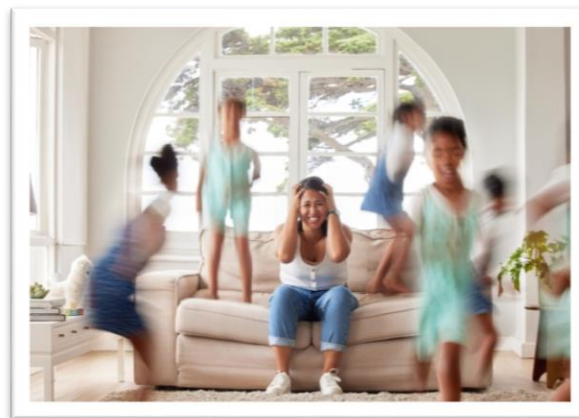


Fig: Brain Disorder Type - ADHD

To manage this hyperactivity, Allopathic medicines are used for their treatment. These might include drugs like Risperidone and Resonia which are commonly used for short-term calming. These medications can also act as sedatives. They are frequently prescribed for various types of sleeping pills as many of them struggle with sleeping issues. They manage only short periods of sleep and waking suddenly, leading to severely disturbed sleep. This disrupts the sleep of their patients as well. Sometimes these children might suddenly scream or make noises while sleeping.

This constant hyperactivity and disturbed sleep can impact child's daily routine, learning abilities and doing some activities which create challenges to their parents.

As the amount of Allopathic medicines increases, it leads to decrease in sleeping patterns of children. These children have no sleeping time; they can sleep at any time of the day, disrupting routines of parents as they also cannot take rest properly. Some children scream and make loud noises, disturbing the household.

It is important to observe that how medicines are working. We can also try other ways by changing things around them which help in proper sleeping routine so that they should not be active all the time.

"Super Hyper" children can be seen jumping and kicking, constantly moving objects for no reason,

sometimes become aggressive. Such children are irritable in the morning, even biting themselves or others. They do not listen to anyone and keep moving restlessly without any pause. As these children get aggressive and move constantly here and there it is very important to supervise them in these situations. These types of children need special help and a safe place so that they can learn to control themselves and talk better with people. This means by giving them specific support which they need and making sure about the places where they will spend time understand and helpful, which can make difference in how to these children learn and grow.

Children having ADHD disorder may urinate anywhere, at any time without any awareness. Parents have to take them to the bathroom repeatedly, which causes even more trouble to them.

Such children often start talking loudly to themselves, they keep talking to themselves at inappropriate times. They never speak at the right time. If they do talk to themselves, they create their own language. It can be seen that they are in their own world creating their own imaginations and talk with themselves.

Many of these children dislike sensory activities like: fear of getting their nails trimmed or haircut and loud noises can be frightening for them. Many of them also don't like being around people. They do not even say Hello, Hi, Sat Shri Akal. Due to hyperactivity, they lack concentration, not paying attention and unable to make eye contact. They like to live in their own world.

Some children experience seizures and keep moving all the time, rushing through everything. They have poor eating and drinking habits. Their eating habits are picky they smell everything and sometimes reject food by just touching to their lips. So, their parents have to put food in their mouth. Sometimes they do same things over and over like hitting their foreheads or throwing things. These different challenges can make it hard for them to learn, eat and connect with others.

VI. SPEECH DISORDER

Children with Speech Disorder have difficulty in speaking. They speak less or not in full sentences, repeat words, only do self-talk. Some children may only be able to speak few basic words such as "maa", "paa" and can understand a few things. They are unable to express their thoughts verbally. This can be due to Speech Disorder or Autism combined with speech impairment. As they are unable to speak properly due to speech disorder it can be difficult

for them to make friends or difficulty in expressing their emotions. This situation can sometimes make them irritable and can be challenging as they try to express themselves.

A big difference can be made from speech therapist for helping them how to communicate more effectively. It is important for their parents and educators to understand about what these children are trying to say. Creating a supportive and understanding environment helps them to develop better communication skills.



Fig: Brain Disorder Type – Speech Disorder

VII. CEREBRAL PALSY

Brain damage causes CP or Cerebral Palsy leading to cerebral fluid degeneration. This condition affects various parts of the body such as movement of limbs and some parts of body causing them to stop working.



Fig: Brain Disorder Type – Cerebral Palsy

Severe stiffness occurs due to which patients are unable to walk resulting in a lifetime spent in bed. It extends beyond physical movements and can also affect muscle tone, posture etc. Some patients with CP may also have difficulty in speaking, chewing and vision.

CP can be very different in each person some might face only few problems and others have many problems. Different kind of therapies or natural remedies can really help people with CP as much as they can do to have a better life. Although, CP cannot be cured in some patients but giving best treatment and support can make a big difference in their lives.

VIII. RESEARCH & TREATMENT

With core research work of more than thirty years in Electropathy practice and natural remedies, the treatment has been found to treat Autism, ADHD, Speech Disorder, Cerebral Palsy affected patients. Through natural healing methods and connecting with nature is very effective to treat these disorders..



Fig: Natural Remedies

Based on the increasing effort of Research and Development for the past thirty years of service to patients and the deep research of herbs, fruits and different types of flowers and plants which are full of medicinal properties leading to 100% successful outcomes of patients.

This practice had great results using natural remedies and Electropathy together. The experimental treatment design was found with several Ayurvedic books like: -

1. Ayurvedic Sarsanghrah
2. Bhava Prakash Nighantu
3. Megh Binod Stik
4. Dhanvantari Vaid Granth

In addition to Ayurveda, more knowledge has been explored natural and alternative medical systems including:

- Homeopathy for treating illness in patients, particularly as Materia Medica.
- Plant based therapies and Bach flower remedies.
- Electro Pathy, which integrates plant-based approaches.
- Work and research from experts like Dr. Theodor, Dr. Honeyman, Dr. Countseizure Metti.

For past more than 30 years of experience in these theories and methods he has practically contributed for the treatment of thousands of patients. By combining natural techniques such as Electropathy and natural remedies the success rates have been remarkably high up to 100% with knowledge of colour therapy, plant properties, herbs and flowers. The success comes from understanding not only properties of individual herbs, plants and flowers but also the combined effects when they are put together. Natural Remedies in Bio Medical Science has become beneficial not only for the entire human being but for all living organisms especially Autism, ADHD, Speech Disorder, CP, Dementia, CA, CKO, RA Factor is being treated very successfully.

IX. CONCLUSION AND FUTURE WORK

At the final note it is very clear with the study of various research papers published by various researchers across the world that the brain disorder related issues mainly include Autism, ADHD, Speech Disorder and Cerebral Palsy have no treatment yet in any kind of medical practice whether it's allopathy, Unani, Ayurvedic or Homeopathy. The only treatment till now is going on with physical therapy to be given by various organizations and further they are getting funded to do this practice by respective Governmental institutes. But now the treatment is available which has been founded with the thirty years of rigorous research and a medicine is prepared with the Electropathy science and Natural Remedies together. The results are good in this medical practice where thousands of patients have been cured and getting better day by day. With 90 percent of success rate, this practice getting popular in the world.

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